



**Monroe-West Monroe
Business and Professional
Women, Inc.**

Camp BPW

A Leadership Program for Young Ladies



Introduction

Monroe-West Monroe BPW is a community of women working to end gender inequality.

Our members share an interest in the issues that affect women in Northeast Louisiana and around the world, today. *Gender Equality* is a basic human right, and its achievement brings socio-economic benefits to everyone.

By empowering women, the broader community thrives, increasing positive productivity and growth.



Camp Design

Camp BPW is a one-day program for young ladies *aged 14-18* interested in learning about real-world strategies designed to prepare them for adult life.

The program provides knowledge with basic skills in financial planning, goal setting, decision-making, career planning, and leadership skills. It is intended also to inspire middle and high school girls to realize their dreams and develop strong relationships with other youth leaders and adults.

The issues that are most important to girls are addressed through group interactions and activities that promote a positive attitude, strong self-esteem, and leadership skills.



Agenda

Breakfast Meeting

Meeting New Acquaintances and Camp Expectations

Welcome and Introductions

Introduction of Camp Participants

Camp Expectations

Session 1 Topic: Goal Settings

Facilitator

What are your goals?

Session 2 Topic: Career Preparation

Facilitator

Decisions, Decisions

Session 3 Topic: Financial Literacy

Facilitator

Budgeting

Lunch Meeting

(With a Motivational Speaker)

Session 4 Topic: Team Building

Facilitator

Working as a Team

Session 5 Topic: Conflict Resolution

Facilitator

Positive Communications Skills

Session 6 Topic: Dress for Success

Facilitator

The Mirror and Me

Camp Closing Activity

and

Announcements



Camp Requirements

Participants will be required to complete:

- 1. Submit a completed permission slip,**
- 2. Complete a pre-program assignment (*in preparation for the day that will require some research into various occupations*), and**
- 3. Be willing to develop or enhance their career goals.**

Additional information will be sent to participants in advance to allow time for preparation. Costs for participation, including lunch and materials, are paid for by generous contributions from local members and businesses.



Camp Goal

The Monroe -West Monroe Business and Professional Women Program goal is to have participants leave with a sense of purpose, love and respect for themselves and their community.

Interested young ladies are to complete an online application and return via email to bpwmwmla@gmail.com.

**Monroe-West Monroe
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<http://www.bpwmonroe-westmonroe.org>